



Managing Diabetes Wordfind

If you or a loved one has diabetes, learn all you can about the disease and follow your healthcare provider's advice on how to avoid serious complications. Lifestyle choices can make all the difference! This puzzle contains 20 words all having to do with successful diabetes management. Can you find them all?



- ACTIVITY
- BLOOD PRESSURE
- CARBOHYDRATES
- CHECKUP
- DENTIST
- EXERCISE
- EYE EXAM
- FOOT CARE
- GLUCOSE
- HEALTHY WEIGHT
- INSULIN
- MONITOR
- NUTRITION
- PANCREAS
- PODIATRIST
- PREVENTION
- SKINCARE
- SUGARFREE
- VEGETABLES
- WHOLE GRAINS