



WELLNESS WORDS



There are 19 words relating to health and wellness hidden in this wordfind puzzle.
Can you find them all?

ACTIVITY

AEROBIC

ANTIOXIDENTS

BLOOD PRESSURE

CARDIOVASCULAR

CHOLESTEROL

EMOTIONS

EXERCISE

HABITS

HEALTH CARE

NUTRITION

PREVENTIVE

RELAXATION

SAFETY

SCREENING

SLEEP

SMOKE FREE

VITAMIN

WALKING

