

## Checklist for Selecting and Working With a Geriatric Care Manager

*This is a three-part form. Use **Part I** to help decide how you might use the services of a geriatric care manager (GCM). Use **Part II** as a guide in choosing a qualified GCM. Use **Part III** to help you work effectively with the GCM you select.*

**Part I: Do we need a Geriatric Care Manager?**      **Notes:** \_\_\_\_\_

Do you or does your loved one need . . .

- A professional needs assessment on:
  - Medical issues or health concerns.
  - Psychological, emotional, or mental health needs.
  - Housing, personal care, or quality-of-life issues.
- Support in finding, arranging, and monitoring support services:
  - Meals and nutrition.
  - Transportation.
  - Help with activities of daily living.
  - Bill paying and similar tasks.
  - In-home health care.
  - Other support for independent living.
- An “on the scene” surrogate for family living at a distance.
- Someone to help with family communications, meetings.
- An advocate in dealings with the health care system, insurance plans, etc.
- Other: \_\_\_\_\_

**Part II: Selecting a Geriatric Care Manager**

In most states, geriatric care managers are not licensed or regulated. So, it pays to do your homework before making your selection.

- What are the person’s qualifications, education and experience?

